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January 9, 2020

Johanna Shapiro, PhD
 University of California, Irvine
 101 The City Drive South
 Room 835, Bldg 200, Rte 8
 Orange, CA 92868

Dear Dr Shapiro,

It is my special pleasure to advise you that the Board of Directors of the Society of Teachers of Family Medicine has selected you to receive the 2020 STFM Humanism Award.

This award honors you as a champion of integrating medical humanities into medical education to prompt deep reflection, to improve the patient’s experience, and to enhance health professionals’ well-being. A rigorous and prolific scholar with more than 150 peer-reviewed publications, you have researched topics including cross-cultural communication, caring for patients with disabilities, physicians’ identities, empathy and compassion. Through your scholarship, you have mentored hundreds of trainees, providing feedback and guidance to support their development and cultivate their scholarly skills.

As an editor of *Family Medicine* for nearly two decades (2000-2019) in the roles of department editor for Literature and the Arts in Medical Education and then currently as the editor of the Narrative Essay Section, you’ve demonstrated a fierce commitment to helping each and every author to learn from the peer review process.

One nominator said, “Regardless of the author, Johanna has edited every paper personally making comments from the broadest issues about the structure of the paper to the most granular issues of word choice and sentence phrasing. Nearly every narrative essay we have published has been through at least two rounds of revisions and it is during this revision process that Johanna has helped scores of authors to master the craft of creative storytelling. Simply put, she has defined the narrative voice of our academic community.”

Another nominator added, “I can still remember how it felt as a resident to send my first poem to the journal, expecting a rejection, and instead to hear ‘this is beautiful work’ from Johanna. In that

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moment I became a writer, and I can't help but think I am one of perhaps hundreds of other STFM members who have experienced that same affirmation.”

This award will be presented to you at the Awards Program during the STFM Annual Spring Conference in Salt Lake City, Utah. The Awards Program will be held Sunday, May 3, from 4:15-5:45 pm at the Grand America Hotel, Salt Lake City, Utah.

As STFM Excellence in Education Award Winner, you will receive:

- One complimentary registration for the conference. When registering online, enter promo code: Awardee2020 at checkout to receive your waived registration. Registration will open at www.stfm.org/annual in late January.
- The opportunity to offer acceptance remarks. (To keep the awards program on schedule within the time allotted, and in fairness to presenters whose sessions begin immediately following the Awards Program, it is critical that you limit your remarks to 2–3 minutes.).
- An award statue as a keepsake to adorn your office.

Please send the following to Traci Brazelton at tbrazelton@stfm.org by March 1:

- A one- to two-paragraph bio.
- A high-resolution digital photo of you (jpg format).
- A song of your choice to use for your “walk music.” Simply email title/artist.

If you'd like to reserve seating up front for you and your guests, please email Traci Brazelton at tbrazelton@stfm.org the total number of reserved seats you will need by April 1. A table seats 10 people total.

It is with a great deal of satisfaction that the STFM Board honors you with this award. In the spirit of the Board's action, I'd like to add my warmest personal congratulations.

Sincerely,



Frederick Chen, MD, MPH, STFM President

cc: John Saultz, MD, nominator; Heather Paladine, MD, chair, STFM Communications Committee Chair



Department of Family Medicine

Mail code: FM
3181 SW Sam Jackson Park Road
Portland, Oregon 97239
tel 503 494-7591
fax 503 494-4496

September 26, 2019

STFM Communications Committee

RE: STFM Humanism Award Nomination for Johanna Shapiro, PHD

Dear Ms. Brazelton and members of the STFM Communications Committee

I am honored to nominate Dr. Johanna Shapiro for the STFM Humanism Award. I do so on the occasion of her retirement from her role as assistant editor of STFM's journal, *Family Medicine*. I have served as editor of the journal since April 2010 and have therefore worked directly with Johanna for nearly a decade. During this time, she has had primary responsibility for the narrative essay section of the journal and it is for her work in this area that I believe she deserves national recognition.

Dr. Shapiro has worked for many years in the department of family medicine at the University of California Irvine where she teaches in the behavioral sciences with residents and students. Her nomination packet includes letters of support from her department chair and from her colleagues in her home department. My own relationship with her has centered on our journal's editorial team. In every issue of *Family Medicine*, we publish 2-5 narrative essays. These essays are intended to exemplify the story-telling traditions of our discipline and the narrative essay section has included personal stories, poems, and 55-word essays. For over a decade, Johanna has served as the assistant editor for nearly all of the papers published in this category. Serving as assistant editor for a paper means that Johanna has chosen the peer reviewers for each paper, recommended the publication or rejection of each paper, and worked with scores of authors to revise and improve their papers through one or more revisions. Since the implementation of our electronic manuscript management system in the fall of 2010, our records reflect that she has served in this role for 820 papers, 240 of which were eventually published. This means that she has provided careful constructive feedback to the authors of over 90 papers every year for a nearly a decade. During most of this period, she was our only assistant editor working on narrative essays, so the work you see in every issue of our journal reflects her sustained contribution.

Johanna has done all of this editorial work on a volunteer basis. But her most remarkable accomplishment is not captured by the volume of her work. Rather it is the quality of her work that most deserves recognition. Simply put, I have never worked with anyone in my 40-year career in family medicine that has demonstrated a more sustained commitment to helping each and every author to learn from the peer review process. Many narrative essays authors are young

faculty, residents, or students. Others are among the most well-known writers in our discipline. Regardless of the author, Johanna has edited every paper personally making comments from the broadest issues about the structure of the paper to the most granular issues of word choice and sentence phrasing. Nearly every narrative essay we have published has been through at least two rounds of revisions and it is during this revision process that Johanna has helped scores of authors to master the craft of creative storytelling. Simply put, she has defined the narrative voice of our academic community. The one occasion when she stepped out of the shadows occurred when we published a special issue of the journal in January 2013 about why creative writing is important for scholars in our field. That issue was highly acclaimed by our readers and remains one of our team's proudest accomplishments during my tenure as editor.

The selection criteria for the STFM Humanism Award include producing work that features the patient perspective, providing mentorship in humanistic medicine, leading initiatives to promote relationship-centered care, and conducting scholarship that demonstrate the importance of humanism. Johanna Shapiro has worked quietly behind the scenes at our journal. But the body of work she has produced in this capacity has impacted virtually every STFM member. As she reaches the end of her tenure, I cannot imagine a better choice for this award.

Sincerely,

A handwritten signature in cursive script, appearing to read "John W. Saultz, M.D.", written in black ink.

John W. Saultz, M.D.
Professor Emeritus
OHSU Family Medicine
saultz: 19-006.docx



SCHOOL OF MEDICINE
DEPARTMENT OF FAMILY MEDICINE

200 S. MANCHESTER AVE, SUITE 835
ORANGE, CALIFORNIA 92868

October 8, 2019

Dear STFM Humanism Award Selection Committee Members,

It is a pleasure to nominate Dr. Johanna Shapiro for the STFM Humanism Award. Dr. Shapiro joined the UCI Department of Family Medicine in 1978 after completing her PhD in Psychology at Stanford in 1975. She currently serves as Director of the Program in Medical Humanities for the UCI School of Medicine. She has served in numerous roles in the Department of Family Medicine over the course of her distinguished career of 41 years to date. I have had the privilege of working closely with Dr. Shapiro since I joined UCI in January 2018.

Dr. Shapiro has demonstrated outstanding teaching, research and leadership skills throughout her tenure. She has applied these skills to benefit faculty and learners at all levels. The UCI Department of Family Medicine is responsible for preparing fresh medical school graduates to become board certified family physicians through a three-year post-graduate residency. Dr. Shapiro was initially in charge of developing and leading the required behavioral sciences curriculum for family medicine residents. She developed curricula, clinical observation and evaluation tools to ensure each resident acquired skills to assess and manage patients with a variety of common mental health problems. Based on her outstanding skills, Dr. Shapiro rapidly progressed through the academic ranks achieving the status of professor in 1990.

During the next phase of her career, Dr. Shapiro focused on medical student education and worked with teams of faculty and staff throughout the medical school. She designed curricula to introduce medical students to the art of doctor-patient communication to balance students' biomedical and scientific training. Dr. Shapiro served as a teacher and mentor for students, residents and faculty to develop high-quality curricula, self-reflection and evaluation tools. She employed innovative teaching methods using literature, arts, theater and film to prompt students' reflections on their patient's lives as well as their own evolving identities. She has served as a champion of integrating medical humanities into medical education to prompt deep reflection, to improve the patient's experience, and to enhance health professionals' well-being.

Dr. Shapiro has been a rigorous and prolific scholar with more than 150 peer-reviewed publications to her credit. The majority of her scholarly work has been in the area of medical humanities. She has served on the editorial board of numerous journals including decades as editor of Family Medicine, the leading academic journal of our specialty. She serves as academic advisor to Plexus, an annual UCI School of Medicine publication featuring the work of students, residents and faculty. She has researched topics including cross-cultural communication, caring for patients with disabilities, physicians' identities, empathy and compassion. Through her scholarship, Dr. Shapiro has also mentored hundreds of trainees,

providing feedback and guidance to support their development and cultivate their scholarly skills.

Dr. Shapiro has consistently demonstrated her thoughtful, compassionate character through her daily interactions. As a recent example, I served as physician director with Dr. Shapiro serving as facilitator for Schwartz Center Rounds at the UCI Medical Center over the last year. These rounds, conducted every other month, are intended to provide a safe space for a panel of multidisciplinary health professionals to discuss their feelings and responses to the most challenging patient cases. We reviewed cases including traumatic injuries and abuse, unexpected deaths, angry patients and family members, and heroic rescues. The rounds have been so popular that we had to move to a new venue to accommodate more than 150 participants/session. Due to Dr. Shapiro's careful preparation and facilitation skills, physicians, nurses, chaplains, social workers and therapists have been able to share their innermost hopes and fears. Panelists have received expressions of gratitude from peers. Trainees have learned that it is acceptable and important to discuss their feelings, to take time for self-care, and to grieve patients' losses. Participants have shared feedback that the rounds promote a supportive environment for everyone to contribute to compassionate, team-based patient care throughout UCI Health.

As additional evidence, following is a testimonial shared with permission from Dr. Gabriella Miotto, UCI Family Medicine residency graduate (1987). *"One of my enduring memories of these 33 years of meeting and knowing Johanna Shapiro was an experience that happened early in my residency at UCI Family medicine. Somehow, the universe and the Department of Family Medicine had assigned Dr Shapiro to be my faculty mentor during residency (oh happy day!). It was lunchtime, and we sat together under one of the sheltering trees on campus at UCI Med Center, in Nature, in difficult conversation, about what it felt like to feel sometimes lost in medicine, overcome by the immensity of medical information and by the deep sense of shared responsibility for the lives of others. In listening generously and then encouraging me to write, (that physicality of pen-on-paper somehow transforming fear, grief, joy into an entities I could be in relationship with), Johanna helped me recognize the constellations that would always guide me back home.*

I know now, in a way that I could not have realized then, that I have been apprenticed to a consummate healer, teacher, discoverer, server. Dr Shapiro assisted me in crafting additional healing tools in poetry and imagery for my own doctor's bag, that have benefited both me and my many patients in domestic and international settings over the years, and I am immensely grateful to her. Her acumen, wit, compassion and creativity in the intersecting universes of psychology, medicine, and the arts have graced my life and the lives of so many students, colleagues and friends.

I recall Johanna's own stated goals for a recent medical symposium were to offer the opportunity to examine the "...potential of the humanities and arts to develop critical thinking, empathic perspective-taking, and applied clinical skills, such as listening, seeing, acting, and reflecting." I can think of no one who lives this more on a daily basis at UCI than Dr Johanna Shapiro."

In summary, Dr. Shapiro has had a profoundly positive influence on the lives of thousands of medical students, residents, staff, faculty, and for the patients served within UCI and beyond. I consider myself among the very fortunate beneficiaries of Dr. Shapiro's teaching. We are proud to claim her as the longest serving faculty member of our department. On behalf of UCI Family Medicine faculty and generations of trainees, please accept our most enthusiastic endorsement for Dr. Shapiro to receive the STFM Humanism in Medicine Award.

Sincerely,

A handwritten signature in black ink, appearing to read 'C. Haq', with a long, sweeping flourish extending to the right.

Cynthia Haq, MD
Professor and Chair (HS Clinical)
UCI Department of Family Medicine

MICHIGAN STATE
UNIVERSITY

September 24, 2019

Dear Members of the STFM Communications Committee,

I would like to write a letter to nominate Johanna Shapiro for the STFM Humanism Award. After her decades of service to our organization and profession, I cannot think of another family medicine educator who is more deserving of this award.

Through her work as the narrative essay editor for *Family Medicine*, I believe that Johanna may have inspired every single STFM member at one time or another. This inspiration has happened in that moment when we picked up the journal and suddenly realized that another's writing told a story that we recognized, at exactly the moment that we needed to hear it, and in a way that gave new meaning to our own experience. Through these moments, Johanna has helped us to grow and learn and heal together. She has used her work and her talent to allow our organization to connect in this very personal way, which not only is a rare and unique gift for our discipline, but has also been instrumental in shaping our narrative and culture. And for me—a rural family physician who can sometimes feel geographically and professionally isolated—she has created a beautiful art form that has continuously been a reminder that I'm not doing this work alone.



**College of
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Rural Community
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And she has done this not only through her own storytelling, but by inspiring many of us to tell our stories, encouraging us to dig deeper in order to humbly and more honestly share our experiences. She has allowed us to take the crazy step of being vulnerable on a national stage, and through this process has helped us to grow as human beings and as physicians. I can still remember how it felt as a resident to send my first poem to the journal, expecting a rejection, and instead to hear 'this is beautiful work' from Johanna. In that moment I became a writer, and I can't help but think I am one of perhaps hundreds of other STFM members who have experienced that same affirmation.

As you consider this award, it is important to understand how instrumental Johanna's role as editor is for this process. Writing your personal story for a national audience is like walking a tightrope over crocodiles. The STFM audience consists not only of your mentors, your students, and best friends, but it is also full of accomplished authors, family medicine legends, and every professional role model you have ever had. Johanna can recognize something beautiful in a story, and can then draw it out with unlimited kindness and utmost respect—making our work better and giving us the confidence we need in order to see it in print. As an editor, she believes that we are better

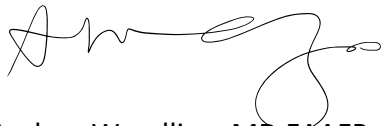
MICHIGAN STATE
UNIVERSITY

storytellers than we give ourselves credit for, and because she excels in that role she is able to help us identify and highlight the core of our message, even when we're sometimes unable to quite recognize it ourselves.

As an assistant editor for Family Medicine, I have worked alongside Johanna for several years. I have heard her defend the role of storytelling and the need for narrative essays in our journal. I have seen her support authors, and also have seen how thoughtfully and carefully she approaches rejections, as she understands how writers, on some level, need to feel our work has been honored. As Johanna retires from her role as Editor for Narrative Essays for *Family Medicine*, I can't help but feel that her behind the scenes role has helped us all to be a little more honest, a little more kind, and a little less alone—exactly what our organization's Humanism Award is meant to honor.

So with that, I give my highest recommendation for Dr. Shapiro as this year's recipient of the STFM Humanism Award. Thank you for your consideration, and please reach out if you need any further information.

Sincerely,



Andrea Wendling, MD FAAFP
Professor, Department of Family Medicine
Director of Rural Medicine Curriculum
Michigan State University College of Human Medicine



UNIFORMED SERVICES UNIVERSITY OF THE HEALTH SCIENCES

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30 September 2019

STFM Communications Committee
STFM Board of Directors
Society of Teachers of Family Medicine
11400 Tomahawk Creek Parkway
Leawood, KS 66211

Dear STFM Communications Committee and Board of Directors,

Medicine is increasingly recognizing the value of humanities in medical education, training, and practice. As a discipline, family medicine is on the leading edge of implementing medical humanities interventions, to develop physician empathy, to improve healthcare team integration, and to foster physician wellness. A pioneer in this movement, Dr. Johanna Shapiro has been integrating humanities in medical education for more than 20 years. Through her programmatic work, faculty development, and mentorship, Dr. Shapiro has built a legacy that embodies the attributes of humanism in medicine. All of her work – in psychology, in medical writing and editing, and in curriculum and program development – cultivates respectful and compassionate relationships among physicians, healthcare team members, and their patients. I, therefore, support John Saultz's nomination of *Johanna Shapiro* for the *STFM Humanism Award*.

Five years ago, as the medical journalism fellow at *Family Medicine*, I met Dr. Shapiro in her role as an assistant editor. Dr. Shapiro provides a consistent, erudite voice that advocates for writers. Her expertise in the medical humanities contributes a unique perspective to editorial team functioning and processes. She approaches team deliberations and decisions with a long view of the discipline's future while prioritizing the development of individual authors.

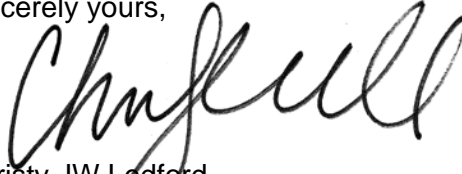
Family Medicine provides a unique voice to not only the emerging evidence of our discipline but also to the stories and experiences of our peers. I consider Dr. Shapiro's role as the primary assistant editor for narrative essays to be the most challenging on our team. She is charged with leading authors through the process of peer review, a minefield of comments scattered with explosions of individual reviewers' agendas and opinions. Authors see not just a manuscript's words but the thoughts and effort that the paper represents. So when peer review returns to the authors, they can feel wounded by reviewer comments. As an assistant editor for scientific papers, I provide authors lanes of safe passage within the boundaries of objective evidence and standardized practice; however, narrative creates the most influence when it pushes boundaries and challenges individual perspectives. Dr. Shapiro successfully shepherds authors through this minefield with attentive listening, gracious criticism, and refined discernment. She is a model and mentor to countless authors who share their stories in this space of vulnerability and purpose.

Through her programmatic role as the Director of the Program in Medical Humanities and Arts in the School of Medicine at the University of California at Irvine, Dr. Shapiro teaches residents and medical students the ideals of compassionate and respectful care for a patient's physical and emotional well-being. The program integrates arts and humanities-based materials into medical education and promotes student research in the medical humanities. Her work is an

exemplar for medical schools around the country. In their institutional efforts to integrate humanities into the medical curriculum, my colleagues at Uniformed Services University in both family medicine and internal medicine and collaborators at Pennsylvania State University have pursued the counsel of Dr. Shapiro. She is a recognized leader in developing curricula to teach humanism and leading initiatives to promote relationship-centered care.

Thank you for the opportunity to recognize Dr. Shapiro for her outstanding contributions. Please let me know if I can provide additional supporting evidence for her nomination.

Sincerely yours,

A handwritten signature in black ink, appearing to read "Christy JW Ledford". The signature is fluid and cursive, with the first name "Christy" being the most prominent part.

Christy JW Ledford
Associate professor
Department of Family Medicine
Uniformed Services University of the Health Sciences

Assistant editor, *Family Medicine*