

## FAMILY COPING LEARNING OBJECTIVES

At the end of this session, participants will be able to:

1. Define the concept of coping
2. Identify and give examples of different modes of coping
3. Identify common chronic stressors associated with the families of chronically ill or disabled children
4. Identify disease-related, personal, familial, and societal factors to consider in evaluating a family's coping resources
5. Discuss typical features of the impact of child disease and disability on the family unit
6. Identify problematic societal responses to childhood disease and disability
7. Discuss the goals of family coping processes
8. Elucidate one or two common models of family coping
9. Identify 10 positive family coping strategies
10. Identify 5 negative family coping strategies
11. Understand the role of grieving in the family coping process
12. List specific behaviors and roles of the physician that can facilitate family coping