

## LEARNING OBJECTIVES - FAMILY PRESENTATION

1. Be able to define functions and unique characteristics of the family unit
2. Be able to identify various stages of the family life cycle and normative developmental events associated with each stage.
3. Be able to describe how a family is affected by and responds to illness
4. Know how to conduct a brief clinical assessment of a family system, including strengths/resources, roles, power locus, rules, and structure
5. Know how to construct a family genogram
6. Define common terms used in family intervention such as subsystems, triangulation, detouring, enmeshment, and disengagement
7. Identify distinguishing characteristics of various types of dysfunctional families (dominated, chaotic, enmeshed, disengaged)
8. Be able to differentiate between working with families vs. family therapy on the basis of objectives and skills
9. Demonstrate basic communication skills and therapeutic core qualities
10. Describe brief techniques of “working with” families, including wellness interventions, behavioral approaches, and simple structural family therapy strategies