

DRAFT: UNLIMITED LOVE SELF/PATIENT ASSESSMENT

Instructions to medical student: Think of a specific patient on the clerkship with whom you have had regular contact, whom you feel you know fairly well, and whom you experienced as difficult/enjoyable. Now answer the following questions:

Instructions to patient: Think of the medical student with whom you had the most contact while you were in the hospital.

How often did you:

1. Feel dislike for this patient/student
2. *Feel fear of your limitations in caring for this patient
3. *Feel fear at the emotions aroused in you by this patient
4. #Feel afraid that the student didn't have enough knowledge to take care of you
5. *Feel despair at the frustrations of caring for this patient
6. Feel joy in the presence of this patient/student
7. Feel empathy toward this patient/student
8. Feel compassion for this patient/student
9. *Engage in specific acts of caring for the patient that were not required as part of your duties as a medical student
10. Have positive feelings toward the patient/student [despite the patient's lack of appreciation or ingratitude]
11. Forgive the patient/student for causing you difficulties
12. *Forgive yourself for your limitations in caring for this patient
13. Do a kind deed for this patient/student
14. *Do something for the patient at a personal cost to yourself
15. Experience feelings of valuing or appreciating this patient/student
16. Have a sense of celebrating the life of this patient/student
17. Have a sense of commitment and loyalty to this patient/student
18. *Create a sense of belonging for this patient
19. Give this patient/student a feeling of being loved
20. *Give the patient a feeling of security
21. *Soothe this patient's pain and sorrow
22. Calm this patient's/student's anxiety
23. *Empower this patient to act as an autonomous being, even in the face of diminishing abilities or capacities
24. Feel tenderness toward this patient/student
25. Feel close to this patient/student
26. Feel gratitude toward this patient/student
27. Feel happiness at the patient's/student's improvement/progress
28. *Take care of yourself while taking care of this patient
29. *Try to serve this patient to the best of your ability
30. Feel a sense of responsibility toward this patient/student
31. *To what extent did your feelings toward the patient contribute to a positive patient outcome? (success)

* = student only; # = patient only