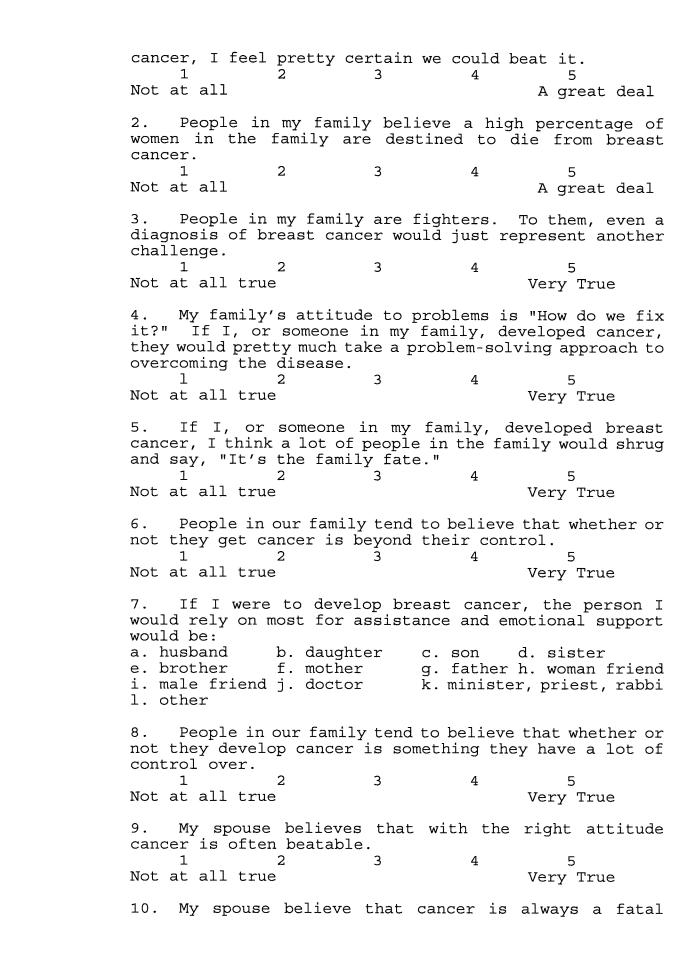
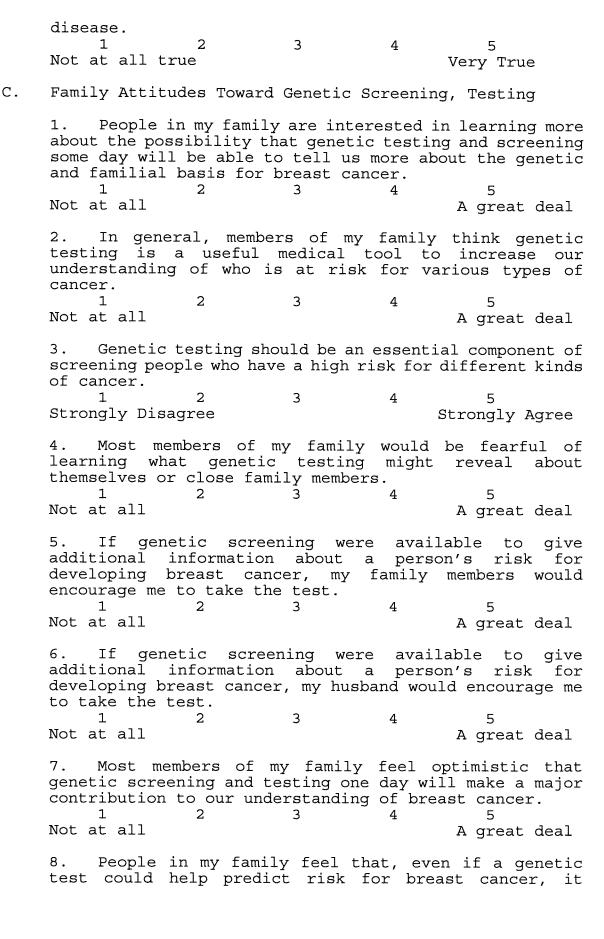
SAMPLE QUESTIONS BREAST CANCER PROJECT

т	TJ N M T	י איז איי איי איי איי איי איי איי איי אי
I.	A.	GIAL ATTITUDE Breast Cancer Worries 1. Members of my family worry about the possibility of contracting breast cancer
		1 2 3 4 5 Not at all A great deal
		2. Some family members' worry about breast cancer negatively effects their general mood on a daily basis. 1 2 3 4 5 Not at all A great deal
		3. Worries of some people in my family about breast cancer impair their ability to go about their daily life and fulfill their normal responsibilities.
		1 2 3 4 5 Not at all A great deal
		4. The intensity of concern among people in my family about contracting breast cancer is
		1 2 3 4 5 Not very strong Very strong
		5. I worry that my daughters, sisters or other female relatives may develop breast cancer.
		1 2 3 4 5 Not at all A great deal
		6. My worries about breast cancer negatively effect my relations with other family members.
		1 2 3 4 5 Not at all A great deal
		7. My husband worries that I will develop breast cancer some day.
		1 2 3 4 5 Not at all A great deal
		8. I worry that my daughters will develop breast cancer.
		1 2 3 4 5 Not at all A great deal
		9. My husband worries that our daughters will develop breast cancer.
		1 2 3 4 5 Not at all A great deal
	В.	Attitudes Toward Cancer 1. If I or someone in my family did develop breast





	wouldn't mat it.	ter because	there's no	t much y	ou can do a	bout
	1 Not at all t	2 crue	3	4	5 Very true	
	scientific t	in my fam technology l of times we': 2	ike geneti	c testi	ng and bel	of ieve
			- 1	_	-	
	guilty if the guilty if the breast cancer and the second s	er and other 2	t they did	ln't hav	re the gene id. 5	feel for
					Very true	
II.	Family Communicat	cions about I	Breast Can	cer		
	 I am able (husband, childre family, including 	to talk witen), about the myself, con	he possibil	lity of	someone in	mily the
	1 Not at all	2	3	4	5 A great d	eal
	2. I am able to (mother, father, about the possible myself, contraction 1 Not at all	sisters, br ility of so	others, au meone in	ınts, ur	cles, cous ily, inclu- 5	ins) ding
					A great d	
	The family m breast cancer is		hom I can		st openly a _•	bout
	4. When I talk breast cancer, we	tend to for	ne in my f cus on the	follow	ing:	bout
	1 Not at all	2	3	4	5 A great d	eal
	b. Id c. Ge d. Ca e. Sh f. Sh	dentifying radentifying factoric testing needic testing arching feeling informarrent treatorics.	amily susce ng cion ngs, seekin mation, res	eptibiling and questions		ort
III.	Family Coping Sty	vle:				
	1. In trying to family developing of the following:	p breast cand	he possibi cer, member	lity of rs of my	someone in y family do	the all

		1 Not at all	2	3	4	5 A great deal
		abou 2. Try poss 3. Try 4. Dist keep 5. Rely 6. Seel 7. Turn 8. Seel	t this distort to accept to accept to avoid to areast thems pring busy on physical support for to family	sease whatever he had been selved from continuity and friese from a pas	appens a bout whom worry: advice s in a sinds for	as cheerfully as at might happen ing thoughts by milar situation support iest, rabbi, or
	2. peop how alon	ole in the famil they coped with g. 1	y would kno n different 2	ow how to 1	be flexi	breast cancer, ble in terms of tions that came
	3. peop the	Not at all tru If I, or somed le in my family disease, but no 1 Not at all tru	one in my for would be out very good	good at ha	indling :	Very true breast cancer, some aspects of ners. 5 Very true
IV.	BEHA	VIOR QUESTIONS				
	Α.	reduce my risk	of breast familiar vestigated aking birt annual ma	cancer (owith my conditions of the control ammogram	Check as own fami a maste pills	-
		the following:	familiar w er a prophy aking birt n annual ma	ith our fa clactic ma ch control	amily his stectomy pills	
	В.					g behaviors to many as apply)

k. 1.	I try to reduce the amount of fat in my diet I exercise at least 3 times a week I regularly take vitamins that have anti-cancer properties I regularly take herbal and other natural remedies that have anti-cancer properties I am treated by an acupuncturist I have sessions with a spiritualist or astrologer I regularly pray or meditate I regularly engage in visualization exercises I read about breast and other types of cancer
abcdefjl.	Not to smoke or to stop smoking Avoid direct sunlight as much as possible Try to reduce the amount of fat in their diet Exercise at least 3 times a week Regularly take vitamins that have anti-cancer properties Regularly take herbal and other natural remedies that have anti-cancer properties Be treated by an acupuncturist have sessions with a spiritualist or astrologer Regularly pray or medicate Regularly engage in visualization exercises Read about breast and other types of cancers Attend educational seminars about breast and other types of cancer

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