

Final

FATIGUE SURVEY

Instructions to interviewer: Ask the “follow up” questions, if the subject does not mention or sufficiently discuss the topic or word in the primary question.

- 1) Please tell me what the word “fatigue” in your experience means to you?
- 2) Describe how you feel, when you have fatigue?
go to: particular day
- 3) How is _____ related to fatigue?
 - a) lack of energy
 - b) weakness
 - c) sleepiness
- 4) Is your fatigue something more than just being tired? If so, how?
- 5) How does fatigue impact you:
affect
 - a) Emotionally? If subject needs clarification: ask how does it affect your mood?
- follow up: Is your fatigue related to depression? If so, how is it related?
 - b) Physically?
 - c) Socially?
 - d) Which aspect of your life is most affected by fatigue?
- 6) Do you think your fatigue is normal or abnormal?
 - a) If abnormal: how is it abnormal?
 - b) How concerned are you about your fatigue?
 - c) Have you told your doctor about your fatigue? How has your doctor responded to your fatigue?
- 7) Overall is your fatigue a negative or positive experience?
 - a) What is negative about it?
 - b) What is positive about it?
- follow up: does fatigue serve a purpose? If so, what?
- 8) How fatigued do you feel today, on a scale of 0-10, 0 being none, 10 being the worse?
- 9) In the past week, which of the following statement most closely describes you?
 - 1) Always fatigued
 - 2) Fatigued most of the time
 - 3) Fatigued some of the time
 - 4) Occasionally fatigued
 - 5) Never fatigued
- 10) What do you think most contributes to your fatigue?
 - a) emotionally?

- b) Physically?
- c) Socially?

11) What makes your fatigue better? Worse?

12) How is fatigue related to getting older, if at all?