

**ADDITIONAL QUESTIONS
OVARIAN CANCER PROJECT**

**I. ATTITUDE QUESTIONS
Personal/Psychological/Familial**

A. EOC Worries

1. I worry about the possibility of contracting ovarian cancer (FDRs and controls)

or

I worry about the possibility of my cancer recurring or worsening (patients)

| | | | | |
|------------|---|---|---|--------------|
| 1 | 2 | 3 | 4 | 5 |
| Not at all | | | | A great deal |

2. My worries about ovarian cancer negatively effect my general mood on a daily basis.

| | | | | |
|------------|---|---|---|--------------|
| 1 | 2 | 3 | 4 | 5 |
| Not at all | | | | A great deal |

3. My worries about ovarian cancer impair my ability to go about my daily life and fulfill my normal responsibilities.

| | | | | |
|------------|---|---|---|--------------|
| 1 | 2 | 3 | 4 | 5 |
| Not at all | | | | A great deal |

4. The intensity of my concern about contracting ovarian cancer is (FDRs and controls)

or

The intensity of my concern that my cancer will recur or worsen is (patients)

| | | | | |
|-----------------|---|---|---|-------------|
| 1 | 2 | 3 | 4 | 5 |
| Not very strong | | | | Very strong |

5. I worry that my daughters and/or sisters (other female relatives) may develop ovarian cancer.

| | | | | |
|------------|---|---|---|--------------|
| 1 | 2 | 3 | 4 | 5 |
| Not at all | | | | A great deal |

6. If I did develop cancer, I feel pretty certain I could beat it (FDRs and controls).

or

I feel pretty certain I can beat this cancer (patients).

| | | | | |
|------------|---|---|---|--------------|
| 1 | 2 | 3 | 4 | 5 |
| Not at all | | | | A great deal |

7. The idea of having cancer makes me feel out of control.

1 2 3 4 5
Not at all A great deal

8. My worries about ovarian cancer negatively effect my relations with other family members.

1 2 3 4 5
Not at all A great deal

B. Genetic Screening, Testing

1. I am interested in learning more about the possibility that genetic testing and screening some day will be able to tell us more about the genetic and familial basis for ovarian cancer.

1 2 3 4 5
Not at all A great deal

2. I think genetic testing is a useful medical tool to increase our understanding of who is at risk for various types of cancer.

1 2 3 4 5
Not at all A great deal

3. Genetic testing should be an essential component of screening people who have a high risk for different kinds of cancer.

1 2 3 4 5
Strongly Disagree Strongly Agree

4. I would be fearful of learning what genetic testing might reveal about myself or close family members.

1 2 3 4 5
Not at all A great deal

5. If genetic screening were available to give additional information about a person's risk for developing ovarian cancer, I would encourage my family members to take the test.

1 2 3 4 5
Not at all A great deal

6. The idea that a genetic test could help identify a person's risk status for ovarian cancer increases my feeling of being in control.

1 2 3 4 5
Not at all A great deal

7. I feel optimistic that genetic screening and testing one day will make a major contribution to our understanding of cancer.

1 2 3 4 5
Not at all A great deal

C. Familial/Social

1. My family and I are able to talk about the possibility of someone in the family contracting cancer (FDRs and controls)

or

My family and I are able to talk about my having cancer (patients)

1 2 3 4 5
Not at all A great deal

2. When our family talks about cancer, we focus on the following:

1 2 3 4 5
Not at all A great deal

- a. Identifying risk factors
- b. Cancer prevention
- c. Sharing feelings, seeking and giving support
- d. Sharing information, resources
- e. Treatment options (patients)

D. Coping Style: (patients only)

In trying to cope with cancer, I do all of the following:

1 2 3 4 5
Not at all A great deal

- 1. Seek information and learn as much as I can about this disease
- 2. Try to accept whatever happens as cheerfully as possible
- 3. Try to avoid thinking about what is happening to me
- 4. Distract myself from worrying thoughts by keeping busy
- 5. Rely on my doctor for advice
- 6. Seek support from others in a similar situation
- 7. Turn to family and friends for support
- 8. Seek support from a pastor, priest, rabbi, or other spiritual leader

II. BEHAVIOR QUESTIONS

A. Behavior 1 -

1. I currently engage in the following behaviors to

reduce my risk of ovarian cancer or ovarian-related breast cancer (FDRs and controls)

or

reduce the likelihood that my cancer will recur or worsen (patients)

(Check as many as apply)

- a. Regular pelvic examination (interval-appropriate for at-risk, control, and patient groups)
 - b. Regular transabdominal ultrasonography (interval-appropriate for at-risk control, and patient groups)
 - c. Become familiar with my own family history for cancer
 - d. Had a CA 125 screening within the last year
 - e. Had a prophylactic oophorectomy (FDR and controls only)
 - f. Take birth control pills
 - g. Have an annual mammogram
 - h. Do a monthly breast self-examination
 - i. Had genetic testing (if available) for altered BRCA1 gene
2. I encourage my daughters/sisters/female relatives to do the following:
- a. Regular pelvic examination (interval-appropriate for at-risk, control, and patient groups)
 - b. Regular transabdominal ultrasonography (interval-appropriate for at-risk control, and patient groups)
 - c. Become familiar with our family history for cancer
 - d. Have a CA 125 screening within the last year
 - e. Have a prophylactic oophorectomy (FDR and controls only)
 - f. Take birth control pills
 - g. Have an annual mammogram
 - h. Do a monthly breast self-examination
 - i. Have genetic testing (if available) for altered BRCA1 gene

B. Behavior 2 -

1. I currently engage in the following behaviors to
reduce my risk of ovarian cancer or ovarian-related breast cancer (FDRs and
controls)

or

reduce the likelihood that my cancer will recur or worsen (patients)

(Check as many as apply)

- a. I do not smoke or have stopped smoking
- b. I avoid direct sunlight as much as possible
- c. I try to reduce the amount of fat in my diet
- d. I exercise at least 3 times a week
- e. I regularly take vitamins that have anti-cancer properties
- f. I regularly take herbal and other natural remedies that have anti-cancer properties
- g. I am treated by an acupuncturist
- h. I have sessions with a spiritualist
- i. I have sessions with an astrologer
- j. I regularly pray or meditate
- k. I regularly engage in visualization exercises
- l. I read about ovarian and other type of cancers
- m. I attend educational seminars about women and cancer

2. I encourage my daughters/sisters/female relatives to do the following:

- a. Not to smoke or to stop smoking
- b. Avoid direct sunlight as much as possible
- c. Try to reduce the amount of fat in their diet
- d. Exercise at least 3 times a week
- e. Regularly take vitamins that have anti-cancer properties
- f. Regularly take herbal and other natural remedies that have anti-cancer properties
- g. Be treated by an acupuncturist
- h. Have sessions with a spiritualist
- i. Have sessions with an astrologer
- j. Regularly pray or meditate
- k. Regularly engage in visualization exercises
- l. Read about ovarian and other type of cancers
- m. Attend educational seminars about women and cancer