UCI School of Medicine



Inspiring compassionate care through humanities and arts education

We invite you to partner with us on a bold venture: training in medical humanities and the arts that prepares tomorrow's physicians to treat patients with greater compassion and empathy, and in the process, find a path to greater happiness and career fulfillment.

A New View of Patient Care

UCI School of Medicine is challenging how medicine $\hat{\mathbf{a}}$ practiced; shifting the focus from illness to wellness, advancing the health of communities by avoiding illness, fostering wellbeing and, as required, delivering the right care to the right individuals and the right populations at the right time.

We are preparing a new generation of physicians to explore evidence-based, integrative approaches to caring for whole person – mind, body and spirit. The Program in Medical Humanities and the Arts plays a critical role in preparing tomorrow's physician to practice medicine differently.

As today's medical students strive to master the science of the human body, engagement in humanities and the arts helps them develop skills as empathetic, critical thinkers, reflective practitioners, emotionally resonant clinicians and patient advocates.

Creative inspiration evokes empathy and understanding

The Program in Medical Humanities & the Arts introduces students to ideas and experiences that help them better understand and empathize with patients; treat people with greater cultural awareness and humility; and, recognize and address the signs of burn-out in their own careers.

Students broaden their perspectives on effective medical practices through such activities as performing medically-themed plays that explore care through the eyes of the patient, family member, physician, and other health professionals; writing reflective essays about difficult patient interactions; or, creating original art, prose and poetry that reflect on experiences in clinical training such as dissection of a body or an encounter with a or family member regarding a life-altering illness.

One UCI kindness training program demonstrated an increase empathy among first- and secondyear medical students. The expectation is that this will change the dynamics between patients and physicians in ways that improve clinical outcomes.

Those who choose careers in academic medicine—medical students like Sarah O'Dell—will pass their learnings on to future physicians. In 2019, O'Dell



"Pre-Op," by gynecology/oncology fellow, Dr. Diana Pearre. Plexus. 2019.

became the first student in the UCI Medical Scientist Training Program, an MD-PhD training to pursue program, doctorate in the humanities. This move places her at the forefront of a shift in medical training and practice. It also reflects an impact of 15 years of medical humanities curriculum development, scholarship an investment UCI. research at compassionate care that has garnered the program both national and international recognition.

Partner with us to transform patient care

When you invest in this bold venture to raise the bar on humanity in medicine your partnership supports а brilliant future that redefines how personalized, compassionate healthcare is taught and, ultimately, patients locally and beyond.

Not only does your support prepare tomorrow's physicians for a different kind of patient interaction, it supports the Brilliant Future Campaign,

a fundraising initiative to advance high-impact medical research educate a diverse health workforce and deliver evidence-based, integrative healthcare.

Your efforts will have a meaningful effort on our community and beyond. Let's create a Brilliant Future for healthcare together. For more information, contact **Michele Palma Koschel at 714-509-2115 or palmam1@uci.edu.**

