

PACIFIC GRADUATE SCHOOL OF PSYCHOLOGY

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854-3920

Summer I, 1976

Tue. & Thurs. 3-5:30

NO PRE-REQUISITES: Personality Theory and Psychopathology recommended.

This course will explore traditional and current psychologies of women, and their implications for various aspects of the psychotherapeutic process. Biological and socialization explanations for the development of sex differences will be examined. Sex role stereotype, including how the therapist looks at woman, will also be explored. Finally, the course will probe the relationship between definitions of psychopathology and woman's role in contemporary society. The introductory sessions will summarize traditional theoretical viewpoints and examine the origins of sex role differences both in terms of existing biological evidence and socialization mechanisms. Subsequently, various conceptualizations of mental illness and its treatment will be explored, especially as they pertain to the conventional female sex role. Time will also be devoted to an examination of the meaning and consequences of specific psychiatric labels (depression, hysteria, schizophrenia) as they are applied to women. Finally, the course will conclude with an exploration of current directions in the field of the psychology of women, and examine the relation of concepts such as liberation, androgyny, and consciousness-raising to a heuristic model of the psychologically healthy woman. In addition to group discussion and readings, the course will involve experiential role-playing of relevant problem situations.

Specific requirements include: participation in weekly discussion; completion of all reading assignments, including brief outlines of material; leading a group discussion on one of the topics outlined in the syllabus; completion of a special project.

The special project will consist of a 10 page paper examining some area of relevant interest to the student. The paper should attempt to define a research or theoretical problem in the area of sex role differences, implications of psychiatric diagnoses for female patients, therapeutic approaches useful in working with women clients, etc. The paper should include some consideration of existing evidence, a short discussion of methodological problems, and a rationale for the importance of the particular problem defined. Emphasis will be placed on originality and creative thinking.

Psychology of Women: Topical Outline

Week 1: A Consideration of Various Historical Models for the Psychology of Women

Session 1: Introduction and overview of course; discussion of course requirements, reading outlines, paper topic, format of class

1
simple space {
Values clarification and sex-role stereotyping exercises
Lecturette; Classical psychoanalytic theory

Session 2: Variations on Freud (Horney, Adler, Thompson, Erikson)

2
simple space {
Social learning theory (modeling and reinforcement)
Cognitive/developmental model (Kohlberg, Piaget)

Reading: Hyde, ch. 1, 2, 3 (50 p.)
Bardwick, ch. 1 (20 p.)

Week 2: The Development of Sex Differences I

Session 1: Biological vs. socialization explanations of behavior
Biological influences on female behavior Cox 1
Psychosexual neutrality

Session 2: Female sexuality - Cox 6
Menstruation, Pregnancy, and Motherhood

Readings: Hyde, ch. 6, 7 (70 p.)
Bardwick, ch. 2, 3, 4, 5 (80 p.)

Presentation Topics: Unger, ch. 14, 16, 17, 27, 28, 29, 31, 34, 37, 38

Week 3: The Development of Sex Differences II Psychological

Session 1: Sex differences in cognitive functioning, learning ability, dependence, passivity, aggression Cox 3

Session 2: Self-esteem and the motive to achieve
Motive to avoid success

4
Readings: Hyde, ch. 4, 5 (55 p.)
Bardwick, ch. 6, 7, 8, 9, 10 (90 p.)

Presentation Topics: Unger, ch. 19, 23, 25, 26, 39, 40, 41, 42

Week 4: Sex Role Stereotyping

- 6 Session 1: The formation of sex-role stereotypes
- 7 Session 2: Clinicians' sex-role attitudes and behavior *copy*

Readings: Chesler, ch. 3, 5 (55 p.)
Deaux, ch. 2, 3, 4 (35 p.)

Presentation Topics: Unger, ch. 1, 2, 6, 7, 8, 9, 10, 11, 12, 13

Week 5: How Women Go Mad *copy*

- 8 Session 1: Conformity to the female sex role; Depression and Hysteria
- Session 2: Deviance from the female sex role; Schizophrenia and Lesbianism

Readings: Hyde, ch. 8 (20)
Chesler, ch. 2, 4, 8 (70 p.)
Franks, ch. 5, 6, 8 (80 p.)

- 9 Week 6: Alternative Psychological Interpretations of Women; Clinical Implications
- Readings: Hyde, ch. 12 (15 p.) *copy*
- Bardwick, ch. 12 (20 p.)
- Chesler, ch. 10 (40 p.)
- Franks, ch. 9, 10, 11, 12, 13, 14 15 (140 p.)

16. Oppression of self